Devising spaces for transformation on stage, and within

Artist-educator and applied theatre practitioner dedicated to cultivating creative empowerment through devised performance and community engagement. Experienced in collaborative creation, program development, and arts-based learning across educational, community, and wellness settings.

CREATIVE LEADERSHIP

Arts & Wellness Counselor/Educator

Kathy Castor Centre for Counseling & Wellness, Tampa, FL

Jan. 2024 - Present

- Integrate creative and narrative practices within counseling and psychoeducational programs supporting individual and community wellness.
- Design and facilitate applied-theatre experiences exploring resilience, identity, and belonging through movement, storytelling, and improvisation (Creative Courage).
- Develop and deliver arts-based webinars and wellness presentations for diverse professional and community audiences.
- Collaborate with multidisciplinary teams to promote holistic approaches to mental health through expressive and relational arts practices.

Director of Community Advancement

St. Petersburg Arts Alliance, St. Petersburg, FL

Dec. 2021 - Dec. 2023

- Directed citywide arts education and wellness initiatives connecting artists, educators, and civic leaders through creative collaboration and mentorship.
- Produced applied and devised theatre in collaboration with public-art programs such as Murals in Mind, blending visual and performing arts to promote belonging, storytelling, and mental-health awareness.
- Developed and delivered professional-development programs that advanced equity, creative leadership, and inclusive teaching in arts and education sectors.

EDUCATION

M.S. Clinical Mental Health

Counseling

Capella University, 2025

B.A. Theatre

Minor, Philosophy

University of Central Florida, 2006

Certificates:

Workplace Diversity, Equity &

Inclusion

University of South Florida, 2021

Diversity & Resiliency

University of El Paso Online, 2020

Fast Forward Leadership

Nonprofit Leadership Center, 2019

Advancing Youth Development

University of the District of

Columbia, 2011

- Oversaw staff and teaching artists, embedding principles of equity, representation, and accessibility across all programs and community collaborations.
- Contributed to strategic planning, fundraising, and impact research, strengthening the region's sustainable arts ecosystem.

Director of Education, Outreach & Improv

American Stage, St. Petersburg, FL

Dec. 2014 - Dec. 2021

- Led the vision and growth of youth, adult, and community
 engagement programs, emphasizing collaborative performance as a
 mode of learning and social inquiry.
- Designed and facilitated original devised theatre curricula focused on identity, storytelling, and ensemble creation.
- Directed and produced touring performances for schools and community spaces.
- Developed and produced American Stage Improv Training & Performance
- Supervised and mentored teaching artists, promoting inclusive, trauma-informed, and creative pedagogies.
- Developed initiatives that bridged arts and wellness, including improvisation-based programs supporting confidence, connection, and resilience.

Education & Outreach Specialist

Asolo Repertory Theatre, Sarasota, FL

Aug. 2013 - Dec. 2014

- Developed and directed devised and documentary theatre projects integrating community narratives (Faces of Change and Kaleidoscope).
- Trained teaching artists in ensemble-building and improvisation for inschool residencies across regional education settings.
- Coordinated statewide Shakespeare-in-schools tours and educational performance initiatives.

AWARDS

Best of the Bay

Tampa Bay Times

2019, 2020, 2021

For "American Stage Improv"

Be More Enriched Award WEDU PBS

2018

For "American Stage Education Programs"

Gene Columbus Award

Disney/University of Central FL

2006

National Finalist
Kennedy Center ACTF

2006

Category: Stage Direction

Program Manager & Teaching Artist/Director

Imagination Stage, Bethesda, MD/Washington, D.C.

June 2007 – July 2013

- Coordinated & managed new summer program for neurodiverse youth
- Led classes; directed educational theatre productions for grades K-12
- Directed devised musicals (Speak Out On Stage)

Administrative Coordinator

American Alliance for Theatre & Education, Washington, D.C.

Dec. 2006 - June 2008

- Supported planning and implementation of national conference, and member events
- Coordinated member enrollment and communication
 eloped initiatives that bridged arts and wellness, including improvisation-

based programs supporting confidence, connection, and resilience.

CREATIVE CONTRACTING

Creative Wellness Workshop Instructor

Various Professional & Corporate Trainings, Tampa, FL

Jan. 2022 - Present

Teaching Artist for Adult Education & Improv

Stageworks Theatre, Tampa, FL

Jan. 2022 - Feb. 2023

Youth Programs Specialist

Washington Improv Theatre, Washington, D.C.

July 2011 – Aug. 2013

Stage Director & Teaching Artist

Various (professional theatres & school settings), Washington, D.C.

2007 - 2013

MEMBERSHIPS

National Organization for Arts & Health

Association for Play Therapy

American Alliance for Theatre and Education

North Carolina Counseling
Association

· Directing Credits ·

NEW PLAYS & DEVISED WORK

Murals in Mind · Devised/Site-Based

Polar Bear Society • Meghan Maugeri

MLM is for Murder • John Bavoso

Definitely Not Murderers • Musical Improv Team

Faces of Change: Growing America · Devised

Kaleidoscope: Heroes • Devised

Once Upon A Big Bang · Devised

YouthTopia · Devised

This Side of the Mountain • Devised

J.A.P (Jewish American Princess) • Lauren Yee

Secrets · Christopher Snipe

Owl Moon • Liz Maestri

Mission Control · Christopher Snipe

By Design • David Eames-Harlen

My Gina • Ayla Harrison

City of St. Pete; St. Pete Arts Alliance, FL

American Stage. St Pete, FL

American Stage. St Pete, FL

St. Petersburg FL + National Tour

Asolo Rep, Sarasota FL

Asolo Rep, Sarasota FL

Imagination Stage, Bethesda, MD

Imagination Stage, Bethesda, MD

Imagination Stage, Bethesda, MD

Source Festival, D.C.

Madcap Players, D.C.

Kennedy Center, Page to Stage, D.C.

Madcap Players, D.C.

Kennedy Center ACTF, D.C.

Kennedy Center ACTF, Jacksonville FL

THEATRE FOR YOUNG AUDIENCES

Winnie The Pooh • A. A. Milne • adpt. Le Clanche du Rande

The Garden of Rikki Tikki Tavi • Rudyard Kipling • adpt. Y York

George's Marvelous Medicine • Roald Dahl • adpt. David Wood

Charlotte's Web • E.B. White • adpt. Joseph Robinette

American Stage, St. Petersburg FL American Stage, St. Petersburg FL

American Stage, St. Petersburg FL

American Stage, St. Petersburg FL

ADDITIONAL PLAYS & MUSICALS

It's A Wonderful Life A Live Radio Play • adpt. Joe Landry

The Love of 3 Oranges • Hillary DePiano

Animal Farm • George Orwell (adpt. Sir Peter Hall)

The Sound of Music • Lindsay & Crouse

Oliver! • Lionel Bart

A Midsummer Night's Dream · Shakespeare

Get Smart • Mel Brooks & Buck Henry • adpt. Christopher Sergel

The Canterville Ghost • Oscar Wilde • adpt. Marsha Chamberlain

Joseph and the Amazing Technicolor Dreamcoat • Webber & Rice

American Stage, St. Petersburg FL

Imagination Stage, Bethesda, MD

National Cathedral School St. Alban's, D.C.

MVCCT, Alexandria VA

Imagination Stage, Bethesda, MD

MVCCT, Alexandria VA

MVCCT. Alexandria VA

MVCCT, Alexandria VA

Imagination Stage, Bethesda, MD